

Owner's Manual & Assembly

300 SERIES

300U | 300R | 300EL



Purchaser's Reference Information

IT IS IMPERATIVE THAT YOU FILL IN THE FOLLOWING INFORMATION AND REFER TO IT SHOULD THE NEED FOR SERVICE ARISE.

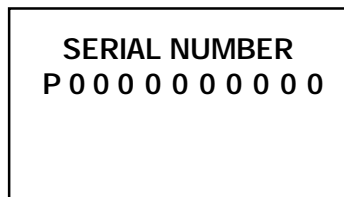
Product Name: Diamondback 300 Series (Upright / Recumbent / Elliptical)

Serial Number: P _ _ _ _ _

To Activate Warranty:

COMPLETELY FILL OUT THE ATTACHED WARRANTY CARD (SEE BACK COVER) AND RETURN TO DIAMONDBACK WITHIN 15 DAYS OF THE DATE OF PURCHASE. FAILURE TO COMPLY WITH THE WARRANTY ACTIVATION PROCEDURE MAY VOID THE MANUFACTURER'S WARRANTY.

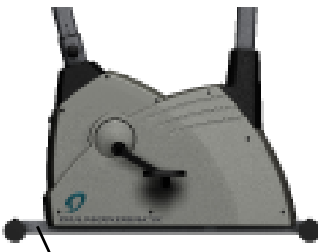
Serial Number Location



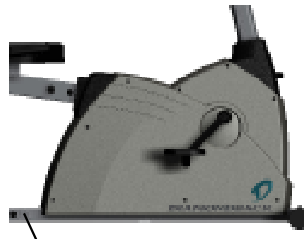
300U Upright

300R Recumbent

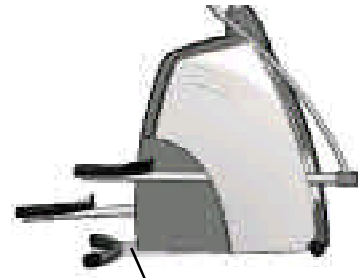
300EL Elliptical



Serial No. Sticker



Serial No. Sticker



Serial No. Sticker

Dealer Name: _____

Dealer Address: _____

Dealer Phone Number: _____

Dealer Contact Name: (_____) _____

Date Purchased: _____

Shipping Materials

Diamondback recommends that you retain the original packing materials (box and packing items) for future shipping needs.

Table of Contents

Purchaser's reference information	Inside cover	Console Layout	12
Introduction	2	Programs	
Safety instructions & Warnings	3	• Quick Start Program	13
Assembly instruction		• Time Target Program	13
• 300U assembly drawing	4	• Distance Target Program	14
• 300U assembly instructions	5	• Calories Target Program	14
• 300R assembly drawing	6	Exercise Guidelines	15-17
• 300R assembly instructions	7	Domestic Warranty information	18
• 300EL assembly drawing	8	Maintenance	18
• 300EL assembly instructions	9	Warranty registration card	Back cover
Operation & Comfort tips	10-11		



Introduction

Thank you for selecting Diamondback Fitness as your brand choice for the 300 Series cardiovascular equipment. You have made a positive step toward adding the convenience of working out at home at a feature packed price.

The quality of your workout will be more enjoyable with:

- A consumer friendly console.
- The ECB brake system with easy to adjust tension knob.
- The contact heart rate monitor.
- A Comfort Plus ® adjustable seat.

It took a company like Diamondback to create such a hard working, easy on your wallet line. We've been one of the premiere names in mountain and racing bikes for over two decades. And now, with industry firsts like our Heart Rate Control System, we're a leading contender in the fitness arena, as well.

4

Whether you are just starting an exercise program, or maintaining, Diamondback Fitness has equipment to fit your needs. Please feel free to check out our consumer web site at www.diamondbackfitness.com to learn more about our additional product offerings.

Remember to start your exercise efforts slow, with intensity low, until you build endurance and strength. And always consult your physician before beginning any exercise program.

Safety Instructions & Warnings

The 300 series is built for optimum safety and is designed to meet or exceed all domestic and international standards. However, certain precautions need to be followed when operating any exercise equipment. **BE SURE TO READ THE ENTIRE OWNER'S MANUAL BEFORE OPERATING YOUR 300 SERIES UNIT.**

CAUTION – FOR SAFE OPERATION

1. Before beginning any exercise program on the 300 series equipment, it is important to consult with your physician if you have any of the following: History of heart disease, high blood pressure, diabetes, chronic respiratory diseases, elevated cholesterol, or if you smoke cigarettes or experience any other chronic diseases or physical complaints.
2. If over the age of 35 or overweight, consult with your physician before beginning any exercise program.
3. Pregnant women should consult with their physician before beginning an exercise program.
4. If you experience dizziness, nausea, chest pains or other abnormal symptoms during exercise, stop the exercise session immediately. Consult your physician before continue your exercise.
5. Drink fluids if you exercise for twenty or more minutes on any 300 series unit.

WARNING – TO REDUCE RISK OF INJURY TO YOURSELF OR OTHERS

1. To ensure proper functioning of your 300 series equipment, do not install attachments or accessories not provided or recommended by Diamondback.
2. Always wear proper clothing and shoes when exercising on any 300 series unit.



THE NEXT STEP

The fitness experts at Diamondback believe that

IN WORKOUT

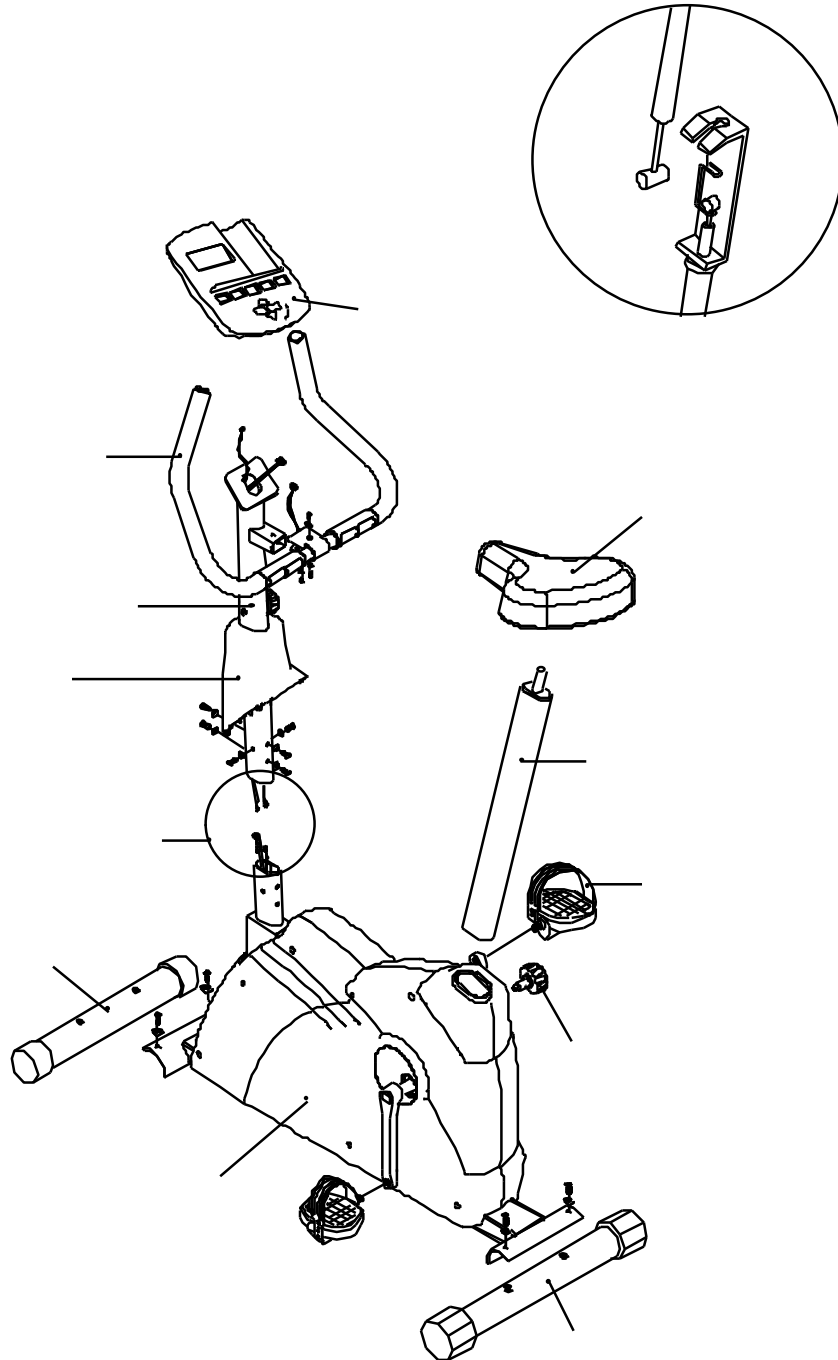
working out is not just for athletes but for all people.

TECHNOLOGY.

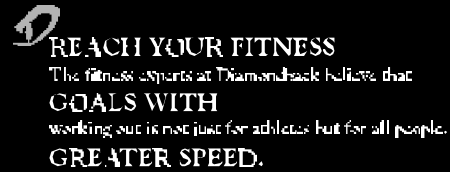
3. User weight is not to exceed 275 pounds / 125 kilograms.
4. Keep children away from 300 series equipment. Hands and feet may get caught in the pedals or other moving parts which could result in serious injury.
5. Place the 300 series unit in an area that will meet minimum clearance requirements: Front, Back & Sides: 2 feet / 60cm
6. Place Keep 300 series equipment away from walls to allow proper ventilation. Air should be able to circulate freely around the units. Keep all air openings free of dirt and dust. Never insert anything into openings.
7. The 300 series is intended for indoor use in the home environment. It is not intended for outdoor use.
8. Place your 300 series unit on a solid, level surface when in use.
9. Use the handlebars or handrails when getting on and off your 300 series unit.
10. Never operate the unit if it is damaged or broken. Contact your local authorized Diamondback fitness dealer for service. Make sure all components are fastened securely (i.e. seat post, saddle, handlebars, pedals) at all times.

SAVE THIS OPERATING INSTRUCTIONS MANUAL.

300U Assembly Drawing



6



Frame and Seat Assemblies

1. Place the unit and all accompanying parts in a clean, flat, and open space.
2. Attach the Transport Bar to the Front of the Frame using two M10 x 20mm bolts.
3. Attach the Stabilizer Bar to the rear of the Frame using two M10 x 20mm bolts.
4. Slide the Seat Post in place on the frame and screw in the Release Knob to hold it in place. Let go of the Release Knob so that its pin will go into one of the Post's adjustment holes and then turn the Knob clockwise to lock it in place.
5. Place the Seat on the rod at the top of the Seat Post. Adjust the seat so that it is flat and pointing forward and then tighten the nuts on the Seat's bottom simultaneously using two wrenches.

Console Mast Assembly

1. Hold up the Console Mast with the tube end facing down and slide the Console Mast Cover onto it as far as possible, with the tabs facing down.
2. Hold the Console Mast up slightly above its mounting post on the front of the Frame. Hook the Tension Cable together and position the connectors so that the cable is fixed securely. Attach the wire in the Mast to the wire in the post.
3. Slide the Mast onto the mounting post.
NOTE: Be careful not to pinch the wire while doing this, doing so could cause the unit to malfunction. Attach the Mast to the mounting post using four M8 x 15mm bolts with four M8 arc washers (bent) on the front and back and two M8 x 15mm bolts with two M8 flat washers on the sides. Carefully snap the Console Mast Cover into place on the Frame.

4. Align the Handlebar with its post near the top of the Console Mast so that only one bolt hole is facing upward. Feed the wire from the Handlebar up through the top of the Console Mast. Slide the handlebar onto the Console Mast while pulling gently on the wire to take up the slack. Attach the Handlebar to the Console Mast using three M8 x 15mm bolts and three M8 flat washers.

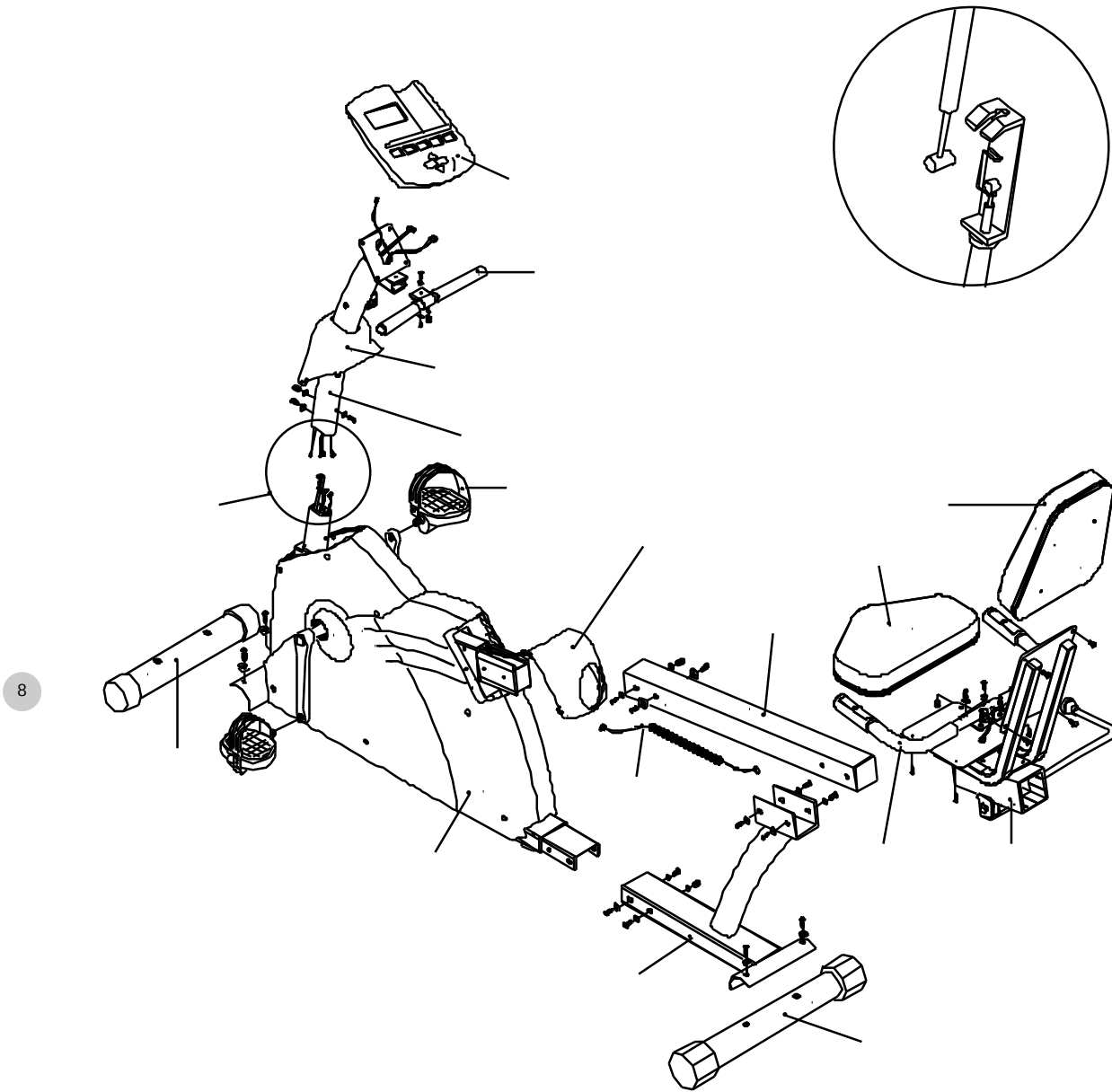
Console Assembly

1. Hold the Console up to the top of the Console Mast and attach the two wires from the top of the Mast to the back of the Console. Raise the Console to the front of the Mast and slide the slot in the back of the Console onto the top of the Mast. While sliding the Console on, feed the slack in the wires into the Mast.
NOTE: Be careful not to pinch the wires while doing this, doing so could cause the unit to operate incorrectly.
2. Once the Console is in place on the Mast, attach it in place using four M5 x 15mm bolts.

Pedal Assembly

1. Use a crescent wrench to firmly affix the pedals to the cranks.
2. The left and right pedals are different and are denoted as right or left on the bottom of each pedal.
NOTE: Left pedal threads counter-clockwise.
3. Retighten cranks after approximately 10 hours of use.

300R Assembly Drawing



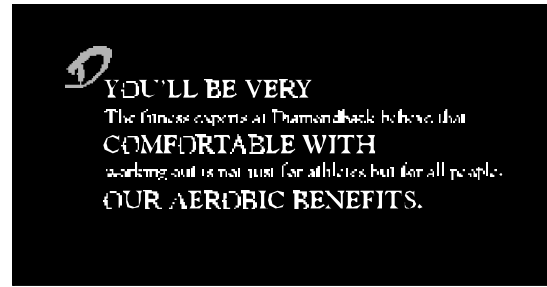
300R Assembly Instructions

Frame and Seat Assemblies

1. Place the unit and all accompanying parts in a clean, flat, and open space.
2. Attach the Transport Bar to the front of the Frame using two M10 x 20mm bolts.
3. Slide the Seat Track Support onto the lower bar of the Frame and bolt it in place using four M8 x 15mm bolts and four M8 washers.
4. Attach the Stabilizer Bar to the rear of the Seat Track Support using two M10 x 20mm bolts.
5. Hold the Seat Track up to the frame horizontally with the bolt holes facing to the sides. Slide the Seat Track Cover and the Seat Frame onto the middle of the Seat Track, checking to make sure they are oriented right side up and facing the correct direction.
6. Slide the front of the Seat Track onto the upper bar of the Frame, while placing the rear end of the Seat Track into the upper arm of the Seat Track Support. Attach the Seat Track to the Frame using four M8 x 15mm bolts with two M8 washers on the front holes and two rubber stops on the rear holes. Attach the Seat Track to the Seat Track Support using four M8 x 15mm bolts and four M8 washers.
7. Thread the male end of the Hand Pulse Cable through the Seat Track Cover and plug it into the wire on the upper bar of the Frame. Snap the Seat Track Cover into places on the Frame by squeezing gently along the sides, then press in first the top two tabs and next the bottom two tabs.
8. Place the Seat Handlebar on the Seat Frame with the metal pulse grips facing upward and the handles facing forward. Attach it in place using four M8 x 10mm bolts and four M8 washers.
9. Place the Seat Pad on the Seat Frame with the wide end at the back and attach it using four M6 x 45mm bolts. Hold the Seat Back against the Seat Frame with the wide end down and attach it in place using four M6 x 45mm bolts.
10. Stretch the free end of the Hand Pulse Cable along the Seat Track to the back of the Seat and plug it into the wire from the Seat Handlebar. Align the Cable so that it will not be pinched by the Seat, test by moving the Seat back and forth, and use the plastic zip tie provided to hold the wire against the Seat in this safe position.

Console Mast Assembly

1. Hold up the Console Mast with the tube end facing



down and slide the Console Mast Cover onto it as far as possible, with the tabs facing down.

2. Hold the Console Mast up slightly above its mounting post on the front of the Frame. Hook the Tension Cable together and position the connectors so that the cable is fixed securely. Attach the two wires in the Mast to the wires in the post.
3. Slide the Mast onto the mounting post.
NOTE: Be careful not to pinch the wires while doing this, doing so could cause the unit to malfunction. Attach the Mast to the mounting post using three M8 x 15mm bolts and three M8 arc washers (bent). Carefully snap the Console Mast Cover into place on the Frame.
4. Align the Handlebar with its post near the top of the Console Mast so that only one bolt hole is facing upward. Slide the handlebar onto the Mast and attach it using three M8 x 15mm bolts and three M8 flat washers.

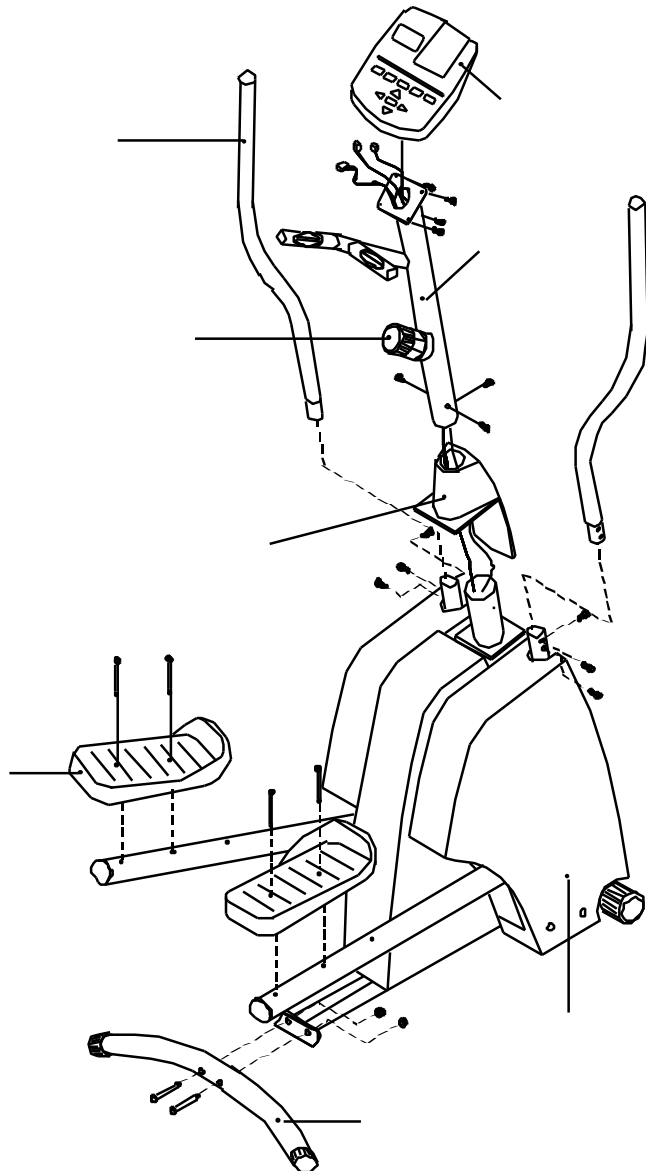
Console Assembly

1. Hold the Console up to the top of the Console Mast and attach the two wires from the Mast to the back of the Console. Raise the Console to the front of the Mast and slide the slot in the back of the Console onto the top of the Mast. While sliding the Console on, feed the slack in the wires into the Mast.
NOTE: Be careful not to pinch the wires while doing this, doing so could cause the unit to operate incorrectly.
2. Once the Console is in place on the Mast, attach it in place using four M5 x 15mm bolts.

Pedal Assembly

1. Use a crescent wrench to firmly affix the pedals to the cranks.
2. The left and right pedals are different and are denoted as right or left on the bottom of each pedal. **NOTE:** Left pedal threads counter-clockwise.
3. Retighten cranks after approximately 10 hours of use.

300EL Assembly Drawing





REACH YOUR FITNESS

The fitness experts at Diamondback believe that

GOALS WITH

working out is not just for athletes but for all people.

GREATER SPEED.

Frame Assembly

1. Place the unit and all accompanying parts in a clean, flat and open space.
2. Attach the Stabilizer Bar to the Frame using two M10 bolts with two M10 nuts. Tighten these bolts firmly using an Allen wrench on the bolt and a box wrench on the nut.

Console Mast Assembly

1. Hold the Console Mast up above the post on the front of the frame, with the Tension Adjuster facing toward the rear.
2. Slide the Console Mast onto the post. **Note: Be careful not to pinch the wire or tension cable while doing this, doing so could cause the unit to operate incorrectly.**
3. Slide the Console Mast Cover up the Console Mast to allow access to the boltholes at the bottom of the Console Mast. Attach the Console Mast to the Frame using three M8 bolts.

Console Assembly

1. Hold the Console up to the top of the Console Mast and attach the three wires from the Mast to the back of the Console. Raise the Console to the front of the Mast and slide the slot in the back of the Console onto the top of the Mast. While sliding the Console on, feed the slack in the wires into the Mast.
Note: Be careful not to pinch the wires while doing this, doing so could cause the unit to operate incorrectly.
2. Once the Console is in place on the Mast, attach it in place using four M5 x 15mm bolts.

Handlebar Assembly

1. Slide one Handlebar onto its post on the top of the Frame. If the Handlebar is on the correct side, the bolt holes at the bottom of the bar will line up with those on the post and the Handlebar will arc forward from the frame.
2. Slide the second Handlebar onto the other post. Check both handlebars to make sure they are on the correct sides.
3. Attach both Handlebars on the posts using three M8 bolts on each.

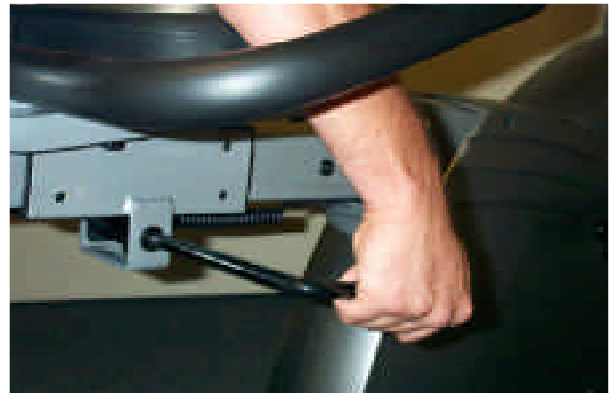
300 Series Operation & Comfort Tips

Proper adjustment of seat position and knowledge of pedaling cadence will allow effective use of your leg muscles without producing undue muscular fatigue. Applying these proper techniques will allow you to ride comfortably and efficiently. The 300 series products are biomechanically designed and are fully adjustable to optimize comfort.

1. **Leg Extension:** The seat should be positioned such that the leg is almost fully extended when the ball of the foot is on the pedal and the pedal is in the position furthest from the body. This will allow for great use of more leg muscles, thereby maximizing cardiovascular benefit while minimizing fatigue.



300U Seat Adjustment



300R Seat Adjustment

12

2. **Foot Position:** The ball of the foot should be on the pedal, directly over the pedal axle. This position allows you to maximize the action of your calf muscles. Avoid pedaling with the arch of your foot on the pedal. If toe clips and straps are attached to the pedals, use them to stabilize your foot on the pedals but do not use them if they place your foot in an unnatural position.



Pedal Strap Adjustment

300 Series Operation & Comfort Tips continued

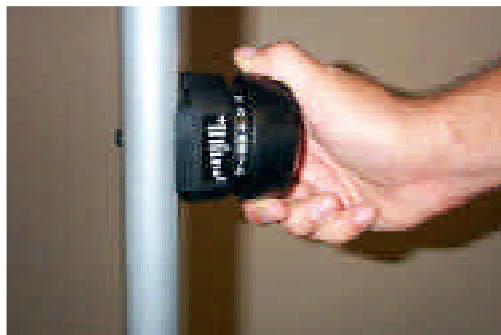
3. **Pulse Hand Grips:** The 300 series units monitor your heart rate and come standard with stainless steel pulse hand grips. To activate, gently grasp both hand grips to obtain a heart rate reading.

- Make sure that the palms of the hands are touching the contact area of each hand pulse grip.
- Maintain an even pressure on the grips.
- Do not hold the hand pulse grips too tightly.
- Moisten your hands to get a better contact.



Hand Pulse Grips

4. **Resistance adjustment:** You could adjust the levels of resistance any time of your workout. There are 8 levels of resistance you could select from. To adjust the resistance level simply turning the adjustment knob. Turning it clockwise (+) to increase the resistance and counter-clockwise (-) to reduce the resistance.



Adjustment Knob

You could also obtain your resistance level reading from the big LCD window on the top of your computer.



Console LCD Window

300 Series Console Layout

Console Layout:



Display Windows

- The 300 console features 5 LCD windows displaying: Time, Speed, Distance, Calories and Pulse
- Pulse reading window: place your hands on the both of contact heart rate sensors to get a reading.
- One large LCD window displaying:
 - o Resistance Level: The selected resistance level will be indicated by the bar graphic display.
 - o Time, Speed, Distance, Calories or Pulse: To select the display of any of above Data, simply press "MODE" key during anytime of the program.
 - o Scan: Each Data will be displayed for 5 seconds.

14

Keys

- START/STOP key: Press START/STOP key once to start or pause the program. Press and Hold for 2 seconds to Reset the console.
- UP/DOWN key: Press UP or DOWN key to adjust the default reading of Time, Distance and Calories during the programming.
- MODE key: To select a different data display on the large LCD window or to select a different program.

Console Setting

- Power Up: Console is powered up by 2AA battery.
- Pause mode: If there is no speed been detected for 25 seconds or Start/Stop key been pressed once during the program, Console will get into Pause mode, the large LCD will display "PAUS". To resume the program during pause mode, press START/STOP key once.
- Power save mode: If there is no speed been detected for 5 minutes, Console will get into Power save mode, no display at any window. To start the console, simply press any key or start pedaling the bike.

QUICK START PROGRAM

Getting Started:

Start pedaling the bike. Press "START/STOP" button Once to start the console and accumulate all the data.

Adjusting Load:

Manually adjust the tension knob to the desired resistance level, see Operation section at page 11 for instruction. The selected resistance level will be displayed on the large LCD window for viewing.

Note: You could adjust the tension at anytime during your workout.

Program Notes:

- Pause the program – Press START/STOP button Once at anytime to Pause the program. All 5 windows will display the last accumulated data for viewing. The large LCD window will display "PAUS".
- Resume the program – Press START/STOP button One more time after Pause to continue the program. All the windows will continue accumulating all the data.
- Stop or Re-start the program: Press and Hold the START/STOP button for 2 seconds to reset the console. All the windows will reset back to "0".

TIME TARGET PROGRAM

Getting Started:

Start pedaling the bike. Press "MODE" button Once to enter the Time target program. Press "UP" or "DOWN" key to set your target Time. Then press START/STOP button Once to start your program.

15

Adjusting Load:

Manually adjust the tension knob to the desired resistance level, see Operation section at page 11 for instruction. The selected resistance level will be displayed on the large LCD window for viewing.

Note: you could adjust the tension at anytime during your workout.

Program Notes:

- Pause the program – Press START/STOP button Once at anytime to Pause the program. All 5 windows will display the last accumulated data for viewing. The large LCD window will display "PAUS".
- Resume the program – Press START/STOP button One more time after Pause to continue the program. All the windows will continue accumulating all the data.
- Stop or Re-start the program: Press and Hold the START/STOP button for 2 seconds to reset the console. All the windows will reset back to "0".

Programs continued

DISTANCE TARGET PROGRAM

Getting Started:

Start pedaling the bike. Press "MODE" button Twice to enter the Distance target program. Press "UP" or "DOWN" key to set your target Distance. Then press START/STOP button Once to start your program.

Adjusting Load:

Manually adjust the tension knob to the desired resistance level, see Operation section at page 11 for instruction.

The selected resistance level will be displayed on the large LCD window for viewing.

Note: You could adjust the tension at anytime during your workout.

Program Notes:

- Pause the program – Press START/STOP button Once at anytime to Pause the program. All 5 windows will display the last accumulated data for viewing. The large LCD window will display "PAUS".
- Resume the program – Press START/STOP button One more time after Pause to continue the program. All the windows will continue accumulating all the data.
- Stop or Re-start the program: Press and Hold the START/STOP button for 2 seconds to reset the console. All the windows will reset back to "0".

CALORIES TARGET PROGRAM

16

Getting Started:

Start pedaling the bike. Press "MODE" button Three times to enter the Calories target program. Press "UP" or "DOWN" key to set your target Calories. Then press START/STOP button Once to start your program.

Adjusting Load:

Manually adjust the tension knob to the desired resistance level, see Operation section at page 11 for instruction.

The selected resistance level will be displayed on the large LCD window for viewing.

Note: You could adjust the tension at anytime during your workout.

Program Notes:

- Pause the program – Press START/STOP button Once at anytime to Pause the program. All 5 windows will display the last accumulated data for viewing. The large LCD window will display "PAUS".
 - Resume the program – Press START/STOP button One more time after Pause to continue the program. All the windows will continue accumulating all the data.
- Stop or Re-start the program: Press and Hold the START/STOP button for 2 seconds to reset the console. All the windows will reset back to "0".

Exercise Guidelines

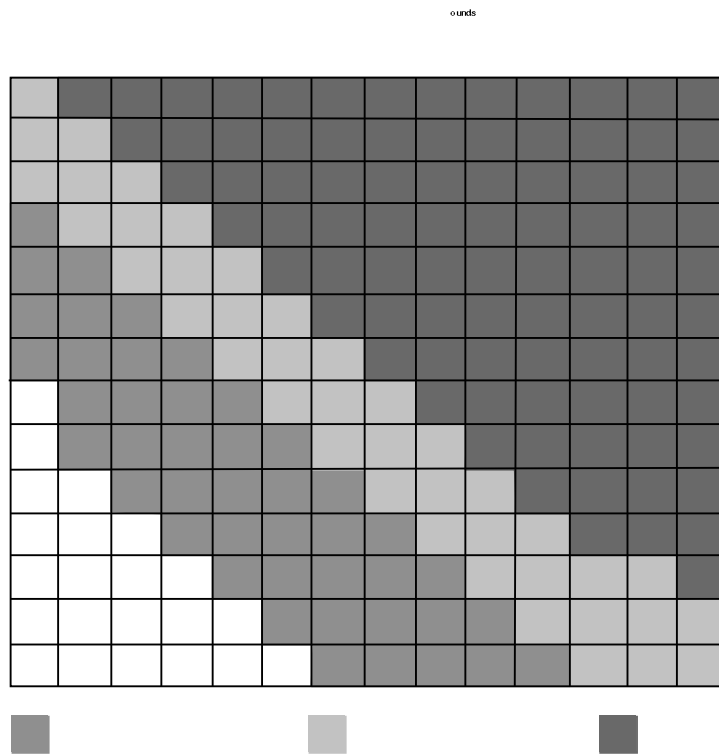
Good health is an exercise in common sense.

Surgeon General releases a new study in 2001, The Surgeon General's Call To Action To Prevent and Decrease Overweight and Obesity. It indicates that there is 61% of American adults are either overweight or obese. Noting also that overweight increases the risk of health problems, such as heart disease, certain type of cancer, type 2 diabetes, etc. It states that overweight needs to be regarded primarily as Health rather than as Appearance issues.

Surgeon General's Healthy weight advice for consumers is:

1. Aim for a healthy weight: Find your Body Mass Index (BMI) on the chart below.
2. Be active: Keep physically active to balance the calories you consume.
3. Eat well: Select sensible portion sizes.

$$\text{BMI} = (\text{weight (pounds)} / \text{height (inches)}^2) \times 703$$



Note: This chart is for adults (aged 20 years and older)

Heart rate is an important key to your exercise.

The Surgeon General also released a report on physical activity and health. This report definitively stated that exercise and fitness are beneficial for a person's health and redefined that exercise is a key component of disease prevention and healthier living.

Medical research has shown us that there is an amount of exercise, which is enough to condition the cardio respiratory system and the muscles of the body. This amount of exercise is between 60% and 85% of your maximum heart rate measured during a training session. This range allows enough exercise to achieve fitness, but not an excessive amount to cause injury. Your heart rate is an excellent indicator of the amount of stress placed on the cardiovascular system. Taking full advantage of this information, the 600T is designed to include heart rate monitoring features.

Exercise Guidelines **continued**

If exercise intensity is too low or too high, no gains will be made in fitness. If the intensity is too low, the stress levels are ineffective. If the intensity is too high, injury or fatigue may set your exercise program back as you try to recover.

The best way to monitor exercise intensity is to accurately count your pulse during exercise. Your heart rate can easily be determined by counting your pulse at the chest, wrist or at the carotid artery on your neck. It is difficult to count your own pulse during exercise, mainly because you cannot count fast enough to get an accurate number. The 600T is equipped with a wireless telemetry receiving system. What it does is automatically count your heart rate while you are wearing a heart rate chest belt during your exercising period. Heart rate is monitored and electronically displayed as a digital readout. Your target heart rate, the intensity needed to improve cardiovascular fitness, depends primarily on your age and not your state of fitness. It is calculated as a percentage of your maximum heart rate, estimated as 220 minus your age. It is most effective to train at your target heart rate which is between 60% and 85% of your maximum heart rate.

Maximum Heart Rate & Training Zone

To calculate your maximum heart rate and find your training zone, use the following formula. An example has been provided below based on a 35-year-old person:

220 – Age = Maximum Heart Rate
(220 – 35 = 185)

60% of Maximum Heart Rate
(60% x 185 = 111 bpm)

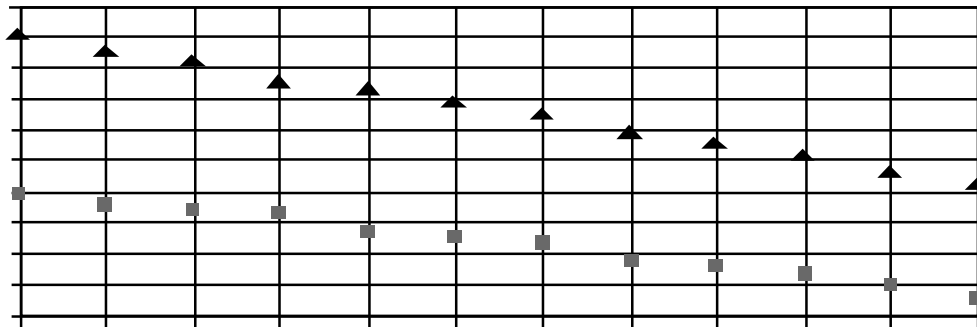
85% of Maximum Heart Rate
(85% x 185 = 157 bpm)

Training Zone: 111 bpm – 157 bpm

18

1 Rate G

9 - 85% W



Quantity & Quality

It is recommended that you accumulate at least 30 minutes of physical activity most days of the week. Physical activity should be initiated slowly and the intensity should be increased gradually. You should select activities that you enjoy and can fit into your daily life. Having Diamondback equipment at home certainly gives you the comfortable and convenient workout you want.

The American College of Sports Medicine makes the following recommendations for the quantity and quality of training for developing and maintaining cardiorespiratory fitness in healthy adults:

- An activity that uses large muscle groups, maintained continuously, and is rhythmical and aerobic in nature.
- Duration: 20 to 60 minutes of continuous aerobic activity, including a warm-up and cool-down period for each exercise session.
- Frequency: 3 to 5 times per week.
- Intensity: 60% to 85% of maximum heart rate.
- In addition to aerobic exercise, it is recommended that you add strength training of moderate intensity twice per week to your program.

Get a smart start on exercising.

Anyone over the age of 35, as well as younger persons who are overweight, should check with his/her physician before beginning any type of exercise program. People who have diabetes or high blood pressure, a family history of heart disease, high cholesterol or have lead a sedentary lifestyle should protect themselves with a medical check-up and a stress test, preferably administered during exercise by a healthcare professional.

1. Always stretch before your workout to loosen muscles, and afterwards to cool down.
2. The first few minutes of your workout should be devoted to warming up muscles before a vigorous workout, and building your heart rate slowly.
3. After your aerobic workout of about 24-32 minutes, spend 10 minutes gradually reducing your heart rate with a lower resistance level.

Remember, start slow, with intensity low, until you build endurance and strength. And always consult your physician before beginning any exercise program.

Domestic Warranty Information & Maintenance

(Applies to all product sold and placed within the continental US only)

Effective: August 2002

Diamondback warrants its 300 series products to be free from defects in material and workmanship under normal use in the home. Diamondback's obligation under this warranty is limited to repair or replacement of any defective part without charge for the part to the original purchaser with the following parameters:

Who is Covered

The warranty is extended to the individual or legal entity whose name appears on the warranty registration card filed with Diamondback and may not be transferred to any other individual or legal entity. The warranty is valid on home use only, approximately 1 hour a day, 7 days a week. Warranty is void if this 300 series product is placed in a commercial or light commercial environment. (I.e. hotel, motel, apartment/condo complex or business center, rehab facility, health club, school or correctional facility.)

Warranty Registration

WARRANTY COMMITMENTS ARE VALID ONLY WITH A COMPLETED WARRANTY CARD THAT IS RETURNED WITHIN 15 DAYS FROM THE DATE OF PURCHASE AND INCLUDES THE PRODUCT SERIAL NUMBER.

- Proof of purchase from Diamondback's authorized dealer or distributor will be required if the warranty card is not registered prior to any consideration of warranty claim.

What is covered

Frame:	Lifetime limited warranty, covers defects in welds, materials and workmanship.
Parts & Electronics:	2 Years
Normal Wear Items:	90-day limited on foam grips, etc.
Labor:	1 Year

Items Not Covered

The warranty does not apply to any failure of the product, or any parts of the product, due to not been assembled correctly or alterations, modifications, misuse, abuse, accident, improper maintenance, or if the serial number on the product has been removed, altered or defaced. Adequate packaging must be used for returned goods to prevent freight damage.

Parts & Service

Contact the authorized Diamondback dealer where unit as originally purchased. If that retailer is unavailable, contact Diamondback Warranty at (800) 776-7642.

- Diamondback is not responsible for arranging warranty service and/or honoring extended warranties provided by dealers.

Additional Rights

This warranty gives the purchaser specific legal rights, and the purchaser may also have other rights depending on state law.

MAINTENANCE

CAUTION – FOR SAFE OPERATION

Always inspect hardware prior to any exercise session. Look for loose hardware, loose pedals, loose cranks and frayed wires. Repair or replace any damaged or worn parts, tighten all loose hardware.

As part of Diamondback's normal installation and set-up process, all pedal cranks must be tightened after 8 to 10 hours of initial riding to ensure parts are properly seated to axle. This is standard initial "break-in" service which must be performed after the first 8 to 10 hours of use. Untightened pedal cranks may become loose, causing damage which may void the warranty.

After training, always wipe down your 300 series unit. Perspiration that continuously settles on frame, pads or casing may eventually cause rust or damage to the unit. Damage resulting from lack of proper maintenance will not be covered under warranty. To clean pads, use a mild soap and warm water. Dry with a clean towel.

If noises develop or malfunctions occur, contact your authorized Diamondback fitness dealer.

IMPORTANT!

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IMPORTANT!

Warranty Card must be completed and returned to Diamondback within 15 days of purchase. Failure to comply may void manufacturer's warranty.



Your Name: _____

Address: _____

City: _____ State: _____ Zip _____

Daytime Phone No.: _____ Evening Phone No.: _____

Dealer Store Name: _____

Address: _____

City: _____ State: _____ Zip _____

Model: _____ Serial No. : _____

Environment Unit Placed:

Home Light Commercial

Mail Completed form to:

Diamondback Fitness - Warranty Card

300 Camarillo Ranch Road

Camarillo, California 93012

Purchase Date : _____





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300 Camarillo Ranch Road
Camarillo, CA 93012
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Part Number:
22-03-530

04-16-03