

500Sr



No Excuses!

I'm Not in the Mood!

Our Custom Trainer program allows you to target your workout to whatever mood you're in. Sticking to a fitness routine over time can double its mood boosting power. With our unlimited workout profiles, there's one to fit any mood.

Dimensions (assembled)	62"L x 28"W x 46"H
Dimensions (packaged)	67"L x 13"W x 31"H
Product Weight	119 lbs.
Weight Capacity	275 lbs.

DIAMONDBACK

Fitness



RECUMBENT BIKES

FRONT DRIVE ELLIPTICALS

REAR DRIVE ELLIPTICALS

UPRIGHT BIKE





500Sr

SPECIFICATIONS

Console:

- Blue backlit LCD with white text, Smart Fan™, MP3 Plug-in & accessory holder

Programs:

- Unlimited programs including Manual, Random, Fat Burning Intervals, Glute Max Hill Climb, Target Heart Rate, Custom Trainer Program

Console Feedback:

- Time, Pulse, Calories, Intensity Level, RPM, Speed, Distance, Watts

Heart Rate Device:

- Contact heart rate sensors

Resistance Levels:

- 16

Resistance System:

- Eddy Current Brake

Power Requirement:

- Plug-in

Drive Train:

- Poly-V Belt & Sealed bearing

Seat:

- ComfortPlus™ Seat w/ lumbar support and height adjustment

Handlebar:

- Comfort grips w/contact pulse sensors

Pedals:

- Self-leveling w/ adjustable straps

Flywheel:

- 14 lbs.



Quick Start Feature



Adjustable Console Position



Sealed Bearing

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Diamondback Fitness

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WARRANTY

Warranty - Home

Frame:
Limited Lifetime

Brake:
Limited Lifetime

Parts & Electronics:
3 years

Labor:
1 year

* some exclusions apply